

# FALL 2021 SCHEDULE

September 2, 2021 - January 1, 2022

Follow the link on our website [patspilatesstudio.com](http://patspilatesstudio.com) to MIND BODY.

Press **Book Now** on our website to schedule your class.

## **Monday:**

8:00am - 8:50am Group of Four all Apparatus with Pat

9:00am - 9:50am Group of Four all Apparatus with Pat

4:30pm - 5:20pm Group of Four all Apparatus with Pat

5:30pm - 6:20pm **Athletic Group of Four all Apparatus with Pat**

6:30pm - 7:20pm Group of Four all Apparatus with Pat

## **Tuesday:**

9:30am - 10:20am Group of Four all Apparatus with Pat

10:30am - 11:20am Group of Four all Apparatus with Pat

## **Wednesday:**

8:00am - 8:50am Group of Four all Apparatus with Maureen

9:00am - 9:50am **Group of Four Slower Paced with Maureen** (*starts October*)

6:15pm - 7:05pm Group of Four all Apparatus with Dianne

7:15pm - 8:05pm Group of Four all Apparatus with Dianne

## **Thursday:**

9:30am - 10:20am Group of Four all Apparatus with Pat

10:30am - 11:20am Group of Four all Apparatus with Pat

6:30pm - 7:20pm Group of Four all Apparatus with Kathy

7:30pm - 8:20pm Group of Four all Apparatus with Kathy (*starts October*)

## **Friday:**

8:00am - 8:50am Group of Four all Apparatus with Pat

9:00am - 9:50am **Athletic Group of Four all Apparatus with Pat**

## **Saturday:**

8:00am - 8:25am **Beginner Group of Four all Apparatus with Kathy/Dianne**

8:30am - 9:20am Group of Four all Apparatus with Kathy/Dianne

9:30am - 10:20am Group of Four all Apparatus with Kathy/Dianne

**Remember our Cancellation Policy is a minimum of 24 hours notice to avoid being charged. If you do not remove yourself from the waitlist 24 hours in advance and you get into the class, you will be charged. If you cannot make it to class, please cancel yourself so someone else can take your place. Thank you.**

***Please contact Pat Vaughn to schedule private classes at 631-813-0268.***