

## SUMMER 2021 SCHEDULE

### July 1, 2021 - September 13, 2021

Follow the link on our website [patspilatesstudio.com](http://patspilatesstudio.com) to MIND BODY. Press **Book Now** on our website to schedule your class.

#### **Monday:**

8:00am - 8:50am Pilates Reformer/Tower with Pat - *Group of Four*

9:00am - 9:50am Pilates Reformer/Tower with Pat - *Group of Four*

5:30pm - 6:20pm **Athletic** Reformer/Tower with Pat - *Group of Four*

6:30pm - 7:20pm Pilates Reformer/Tower with Pat - *Group of Four*

#### **Tuesday:**

8:00am - 8:50am Pilates Reformer/Tower with Pat - *Group of Four*

10:30am - 11:20am Pilates Reformer/Tower with Pat - *Group of Four*

#### **Wednesday:**

8:00am - 8:50am Reformer/Tower with Maureen - *Group of Four*

9:00am - 9:50am Reformer/Tower with Maureen - *Group of Four*

6:15pm - 7:05pm Pilates Mixed Equipment with Dianne - *Group of Four*

7:15pm - 8:05pm Pilates Reformer/Tower with Dianne - *Group of Four*

#### **Thursday:**

8:00am - 8:50am Pilates Reformer/Tower with Pat - *Group of Four*

10:30am - 11:20am Pilates Reformer/Tower with Pat - *Group of Four*

6:30pm - 7:20pm Pilates Reformer/Tower with Kathy - *Group of Four*

#### **Friday:**

8:00am - 8:50am Pilates Reformer/Tower with Pat - *Group of Four*

9:00am - 9:50am **Athletic** Reformer/Tower with Pat - *Group of Four*

#### **Saturday:**

8:00am - 8:25am **Beginner** Pilates Reformer/Tower with Kathy/Dianne - *Group of Four*

8:30am - 9:20am Pilates Reformer/Tower with Kathy/Dianne - *Group of Four*

9:30am - 10:20am Pilates Reformer/Tower with Kathy/Dianne - *Group of Four*

Remember our Cancellation Policy is a minimum of 24 hours notice to avoid being charged. If you do not remove yourself from the waitlist 24 hours in advance and you get into the class, you will be charged. If you cannot make it to class, please cancel yourself so someone else can take your place. Thank you.

***Please contact Pat Vaughn to schedule  
private classes at 631-813-0268.***